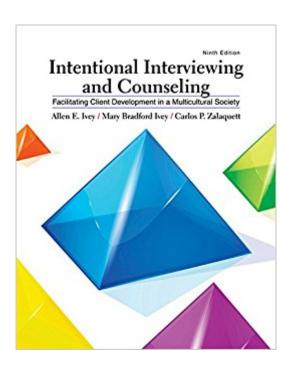


# The book was found

# Intentional Interviewing And Counseling: Facilitating Client Development In A Multicultural Society





# Synopsis

Over 500 data-based studies and years of field testing attest to the effectiveness of the microskills model in INTENTIONAL INTERVIEWING AND COUNSELING: FACILITATING CLIENT DEVELOPMENT IN A MULTICULTURAL SOCIETY, 9th Edition. This hallmark text enables students of many backgrounds to master basic skills in a step-by-step fashion, empowering them to use listening and influencing skills as they conduct full interviews. Students are challenged to re-evaluate their behaviors and perceptions, thereby gaining insight about themselves, their strengths, and areas where they can develop further. After finishing the text, students will have the ability to adapt their skills to address individual and multicultural uniqueness, conduct interviews using different theoretical approaches, and be well on their way to developing a personalized style and theory of interviewing and counseling. Neuroscience and neurobiology, and their applications to counseling, are clearly outlined throughout.

## **Book Information**

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& therapy in action with transcripts. Each chapter features a sample interview with detailed process

notes and research boxes that show the background of important skills, case studies and examples,

and boxes and tables that outline key messages. Master the skills for the session. You will

develop beginning mastery of various approaches to theory, sharpen your observation skills, and

use those techniques for self-observation and client observation. Halfway through the book, you will

be able to conduct a full session using only listening skills. Develop a client-centric approach & a desire to help others. You are encouraged to analyze your own natural style of helping and how your counseling style is received by clients. Step by step, how to conduct interviews & counseling. You are shown step by step, how to conduct effective motivational interviewing counseling, assertiveness-training sessions, decisional interviews, and person-centered interviews.

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Allen E. Ivey is Distinguished University Professor (emeritus) at the University of Massachusetts, Amherst. A Diplomate in counseling psychology, Dr. Ivey is a Fellow of the American Psychological Association, American Counseling Association, and Asian-American Psychological Association. His work in diversity led him to be honored as a Multicultural Elder at the National Multicultural Conference and Summit. He has written more than 40 books and 200 articles and chapters, translated into 20 languages. Dr. Ivey's undergraduate work was in psychology at Stanford University, followed by a Fulbright Grant to study social work at the University of Copenhagen, Denmark. His doctorate is from Harvard University. He is the originator of the Microskills approach, basic to this book.Mary Bradford Ivey is Senior Consultant at Microtraining/Alexander Street Press and a former Vice President of Microtraining Associates. She has served as visiting professor at the University of Massachusetts, Amherst; the University of Hawai'i, Manoa; and Flinders University, South Australia. She is a retired elementary counselor and a former Stress Management counselor

at Amherst College. Her comprehensive elementary program was named one of the top ten in the nation at the Christa McAuliffe Conference. Dr. Ivey earned a master's degree in counseling from the University of Wisconsin, and a doctorate in organizational development at the University of Massachusetts, Amherst. She is the author or co-author of twenty books (translated into multiple languages), as well as several articles and chapters. A Nationally Certified Counselor (NCC), she has presented workshops and keynote lectures with Dr. Allen Ivey throughout the world. She is also known for her work in promoting and explaining development guidance and counseling in the United States and abroad. She is one of the first fifteen honored Fellows of the American Counseling Association and is also a recipient of the American Counseling Association's Ohana Award for her work in multicultural counseling. Carlos P. Zalaquett is a Professor in the Department of Educational Psychology, Counseling, and Special Education at The Pennsylvania State University, and a Licensed Mental Health Counselor in the State of Florida. He is also the Vice-President for the United States and Canada of the Society of Interamerican Psychology and Past-President of the Florida Mental Health Counseling Association, the Suncoast Mental Health Counselors Association (SMHCA), and the Florida Behavioral Health Alliance. Dr. Zalaguett is an internationally recognized expert on mental health, counseling, psychotherapy, diversity, and education and has conducted workshops and lectures in eleven countries. He is the author or co-author of more than 50 scholarly publications and five books, including the Spanish version of BASIC ATTENDING SKILLS. He has received many awards, such as the USF Latinos Association's Faculty of the Year, the Tampa Hispanic Heritage's Man of Education Award, and the SMHCA Emeritus Award. His current research uses a neuroscience-based framework to compare brain activity and self-reported decision making. This cutting edge research integrates mind, brain, and body in the exploration of human responses central to counseling and psychotherapy.

It should have an access code so we can get to the material for FREE, and not have to buy them. The books needs to have a CD or online access codes so we can see the therapy sessions and apply the theories accordingly.

Being a psych major automatically influence my love for this book. On a student level, this book is fantastic  $\tilde{A}f\hat{A}\phi\tilde{A}$   $\hat{a}$   $\tilde{A}$   $\hat{A}$  in the way it presents the information and gives you extra resources at the end of each chapter to implement the skills that you learn. I found the material to be an easy read, and each chapter was fairly quick to get through. I would recommend this book to any psych major! I bought my textbook new and planned on using it for reference in the future.

This is a good book, but the Kindle version is almost worthless. The case studies and tables are in very small print that will not enlarge. These are critical components of this book that you will need a magnifying glass to read on the Kindle. All other text in the book will enlarge, but not these portions.

Nice text, rich with nuggets of wisdom about communication across cultural boundaries. However, the need to pay separately for the CD materials was not made as clear as it could have, which pushes the already substantial price higher.

The only reason it gets a 4 instead of a 5 is because some parts of the class would have been better with the newer text. This works perfectly well and there wasn't much in terms of change that was done but it didn't flow smoothly for lecture. If you need to save money, this is a good buy.

I'm finishing up my master's program in clinical mental health counseling and this is a book I chose to keep. I have often referred back to it. I found it very beneficial as a student and as a counselor.

Very good book, i rented it first and decided to but it at the end, it is one guide book worhty keep.

Very clear message, concrete instruction and example, real life practice. Just the best!

This book is poorly written and I feel as though they just wrote it to make money. One line actually reads "you have helped the client move from stuckness to action."

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